### **BEST PRACTICE 1:**

# "Discover Thyself": Fostering Holistic Development of Learners through Inclusive Quality Education



#### **Success Story-**

- **★** National Award winning Teacher
- **★ Notable Public Leaders**
- **★** Nationally and Internationally recognised Players
- **★ Eminent Nature Conservationist, Policy Makers**
- **★ Fine Artist having National and International Fame**
- **★ National Entrepreneurship Award winning handcraft**artist
- **★ National Award Winning Satriya Dancer**
- **★ Famous Lyricist and Song Composer**
- **★ Internationally Recognised Photographer**
- **★ Eminent Educationists**
- **★ Youth Speakers and Motivators**

#### **Best Practice 1:**

#### 1. Title of the Practice:

#### "Discover Thyself": Fostering Holistic Development of Learners through Inclusive Quality Education

The "Discover Thyself" is for holistic development initiative designed to empower and inspire young individuals as they navigate through their academic journey. The phrase "Know Thyself" is often attributed to the ancient Greek philosopher Socrates. He believed that true wisdom begins with self-awareness. By questioning one's own beliefs, values, and assumptions, one can arrive at a deeper understanding of oneself and the world. In Hindu philosophy, the concept of "Atman" represents the individual soul or self. The process of self-discovery involves recognizing the connection between the individual Atman with the universe. Recognizing that students' growth encompasses not only academic achievements but also personal, emotional, spiritual and social well-being, this practice aims to provide a comprehensive framework for their holistic development. It is basically a learner centric approach.

#### 2. Objectives of the Practice:

The primary objectives of the "Discover Thyself" program are as follows:

- I. Encourage students for self exploration and awareness through their passions, interests, and values, knowing their strengths, weaknesses and beliefs, so that they can make firm decisions about their academic and career paths.
- II. Promotes balanced development of the students in all respects such as cognitive, emotional, and social skills to create all-rounded individuals.
- III. Equip students with tools to manage stress, foster mental, emotional well-being, and build resilience for personal growth.
- IV. Promote physical health and fitness by encouraging regular exercise, Yoga, balanced diet, and overall wellness practices.
- V. Equip students with essential life skills, including effective communication, critical thinking, problem-solving, decision-making, self defence, to prepare them for real-world challenges.
- VI. Develop leadership skills and team spirit among students.
- VII. Offer carrier guidance and support through mentors, counsellors and potent resource persons who can guide students through their personal and academic challenges.
- VIII. Nurturing the unique capability of learners to be self reliant.

#### 3. The Context:

The "Discover Thyself" program for students is an innovative and holistic educational initiative practiced by Mangaldai College to help young individuals explore and understand their unique creativity, skills, choices, identities, passions, and potential. The program is appropriate for the college students, as this is a crucial adolescent period in their lives where they are in the beginning of developing a sense of self and make important life choices. This enhances student's self exploration and realization through personality development, acquiring life skills, career exploration, resilience building, and developing team spirit, generating interest in sports and art and cultural diversity. Knowing self potential is key to many innovations and creations.

#### 4. The Practice:

#### i. Departmental Wall Magazines Prepared by Students:

Wall Magazine preparation by the students of Mangaldai College is a creative and collaborative endeavour where students come together to showcase their artistic and literary talents. It serves as a platform for students to express their thoughts, ideas, and creativity in a public and visually appealing manner. The magazine is edited by the editorial board consist of students assigned by the college authority under the supervision of a guide teacher.



### Details of the Departmental Wall Magazines:

	Name of the Department	Name of the Wall Magazine	Issue
1	Arabics	Al-Risalah (The message)	10 <sup>th</sup>
2	Assamese PG	Kuhipaat	1 <sup>st</sup>
3	Assamese	Kuhipaat	25 <sup>th</sup>
4	B. Voc	Focus	4 <sup>th</sup>
5	Boro	Daokhrijeng	11 <sup>th</sup>
6	Botany	Magnolia	20 <sup>th</sup>
7	Chemistry	Molecule	<b>21</b> <sup>st</sup>
8	Computer Science and	Techno Geek	4.0
	Information Technology		
9	Economics	Economica	20 <sup>th</sup>
10	Education	Educare	
11	English	The Dawn	$7^{\text{th}}$
12	Geography	Mousumee	28 <sup>th</sup>
13	History	Rengoni	20th
14	Mathematics	Sutras	4 <sup>th</sup>
15	Philosophy	Jigyas	20 <sup>th</sup>
16	Physics	Mindroid	13 <sup>th</sup>
17	Political Science	Dapon	
18	Sanskrit	Jnanam	10 <sup>th</sup>
19	Statistics	Samvavita	$7^{\text{th}}$
20	Zoology	Dolphin	26 <sup>th</sup>

#### ii. Hand Written Magazines:

Handwritten magazines offer several benefits to students that make them a valuable and unique educational tool. Several departments of Mangaldai College encourage students to prepare handwritten magazines. It empowers personalised learning, Improved Creativity, foster creative thinking, time management, Teamwork and Collaboration, hands on learning and engaging the students in offline activity in this age of digital and online education.



Department	Name of the Hand Written Magazine
Botany	Kisoloy
Philosophy	Jigyasa
Education	Oikyotan
Assamese	Gojali
Geography	Antareep

# iii. Environment sensitization initiatives (Biodiversity registrar, plantation drive, Microforest):

Various initiatives have been taken by the College to inculcate the sense of responsibility among students towards the environment and nature. Biodiversity registrar is maintained by the students with guidance from the teachers in charges. It includes the listing and documentation of the flora and fauna along with their geographical location present in the Mangaldai College campus. A Microforest is grown inside the college campus in active participation with Assam Science Society. Students are engaged in all respects in establishment of the Microforest and preparation of the Biodiversity Registrar. Few glimpses of different activities are given below by which students are made environment sensitive and environmentally aware,



#### iv. Self defence workshop for girls' students:

The Women's Studies Research Cell of Mangaldai College organizes a One-Week-Workshop on Techniques of Self-Defence for girl students in collaboration with IQAC, Mangaldai College every year in Mangaldai College premise. In this workshop the girl students of Mangaldai College are trained with some defence skills to counter any kind of physical assault. Shihan Dhrubajyoti Sarma (Black Belt), Secretary Traditional Sotokan Karate-Do Association, Assam, acted as the Resource Person in the event in the year 2021-22.

















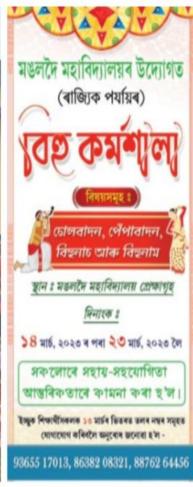




#### v. BIHU Workshop:

"Ten Days Bihu Workshop" has been organised by the Centre for Performing Arts and Cultural Studies, Mangaldai College, from 14th March 2023 to 23rd March 2023. The workshop conducted training in Bihunam, Dhol badan, Pepa Badan and Gagana. More than 50 participants took part in the workshop. "Daiwan" Bihu group of the college is the outcome of the workshop and continuous endeavour of the college. Few glimpses are given below,









#### vi. Celebration of Assamese Folk Festival (Bohagor Edin):

A program titled *Bohagor Edin* or "*One Day of Bohag*" was organised for the first time in the college campus on 14th Bohag (29th April 2022) by Mangaldai College Student Union (2021-23) in cooperation with the Mangaldai College fraternity with the aim of celebrating the folk culture and enriching brotherhood and harmony. Eminent Educationist, Academicians are invited as the Chief Guest in the closing and Prize distribution ceremony to enlighten the students and faculties with inspiration and motivation. Few glimpses of teachers and students participating together in the events are given below,





#### vii. College Week in Mangaldai College:

Every year College week is organized in the Mangaldai College with active participation of the Mangaldai College Students' Union. Students from all the departments participate enthusiastically in all the events organized by the student secretaries under the guidance of teacher-in-charge. Few glimpses of the college week is given below,



#### viii. NSS/NCC/Eco Clubs/YRCS:

Students of Mangaldai College may join in NSS, NCC, Eco Club and YRCS. This gives an opportunity to develop his/her personality and shapes his/her attitude towards life. Since its' inception in 1972, National Service Scheme, Mangaldai College has undertaken several social projects and completed them successfully and sense of social responsibility, patriotism is inculcated thereby. Few glimpses of activities initiated by NSS are given below,





















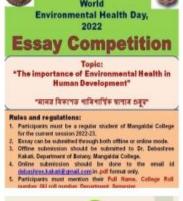




Few glimpses of Eco Club, Mangaldai activities,

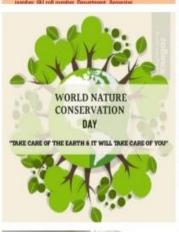






















#### Few glimpses of NCC, Mangaldai College activities,



NCC, Mangaldai College offers senior division NCC of boys' and girls' wing. On being enrolled they can appear in different examinations on completion of their training. Cadets of our college have the prospect of joining different State and National Level Camps which help them to learn leadership qualities.

Eco Club, Mangaldai College is engaged with different activities concerned with nature conservation and generating awareness among the youth. Students join Eco Club and participates various environmental activities.

Students can join Mangaldai College Youth Red Cross Society and participate in different social activities. It fosters a sense of responsibilities towards the humanity and society.







# ix.Career Counselling initiatives, Coaching and Training for Competitive Examinations:

There are two well organised Cells are there in the college consisting of teachers in charges and teacher members namely *Career Counselling and placement Cell* and *Coaching and Training Cell*, which conduct different Academic and Career Counselling sessions, invited talks, workshops, placement drives, skill trainings and other initiatives to prepare the students for the highly competitive world.

Evidences says that out of total 117 Aspirational Districts of India as identified by NITI Ayog, Darrang district of Assam is also one of them due to its backwardness in educational and health sector. Mangaldai College tries to promote a good quality education for the students of Darrang district. In order to meet the academic demands of the students including the youth of Darrang and to make them capable of successfully compete in competitive examinations Mangaldai College organized Coaching classes for UPSC/APSC/SSC and other competitive examinations.



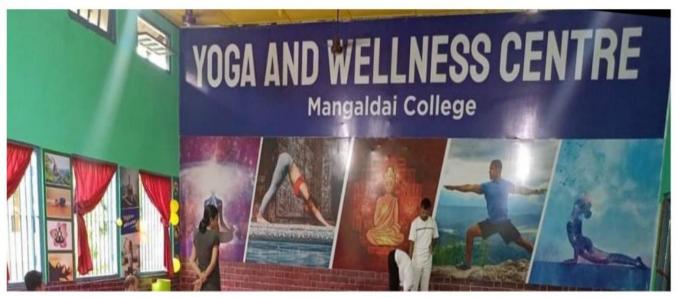
#### Programme List is given below,

Sl. No.	Date	Event Name
1	26.02.2019	Leadership and Lifeskill Development Programme
2	07.03.2019	Career Counselling National Urban Livelihood Mission (NULM) under Assam Skill Development Mission (ASDM)
3	11.03.2019 to 13.03.2019	Entrepreneurship Awareness Camp

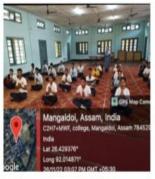
4	01.04.2019	Counselling and awareness
5	12/11/2021 to 15/11/2021	Workshop on "Sanskrit conversation and scope in Sanskrit"
6	06-08-2022	Coaching for UPSC/APSC/SSC & other Competitive Examinations
7	04-11-2022	Industry-academia meet on "Consumer awareness on food safety and quality control"
8	28-04-2023	State Level One Day Workshop on issues and challenges in Intellectual Property (IP) and importance of Intellectual Property Right (IPR) For Sustainable Development Goals(SDGS)
9	21-04-2023	Orientation on Quality and Standardization & Standard Writing Competition for Standards Club Members of Mangaldai College
10	11-05-2023	Orientation Programme on E-Resources
11	6/06/2023 and 07/06/2023	Career Counselling Programme
12	20-06-2023	NPTEL Awareness E-Workshop
13	12-09-2023	Career Counselling Programme and NCS Registration Program
14	19.8.2023	Three Months Coaching for APSC/UPSC/Other competitive Examinations

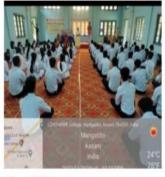
#### x. Mental and Physical Health, Hygiene and Well Being initiatives:

Mental and physical health and well-being initiatives, especially stress management for students, are crucial for promoting a healthy and supportive learning environment. Stress is a common challenge for students. Mangaldai College authority is organizing various programmes such as training, workshops, lectures etc. to foster mental health, wellbeing, positivity, life skills among students. Yoga and wellness centre, Mangaldai College takes the lead for well being of students and teachers. Few glimpses of different events are given below,































Place: Kulyapani (Adopted Village)













Certain notable events are mentioned below,

Sl. No.	Date	<b>Event Name</b>
1	21.01.2020	Cancer Awareness and Screening Programme
2	16.03.2020	Awareness on Coronavirus Disease (COVID-19)
3	26.02.2020	Sanskar: Manuhe Manuhor Babe
4	12.11.2020	Orientation Programme on "Youth as agent of Behavioural Change"
5	09-09-2022	Awareness meeting on tobacco burden & training on COPTA- 2003
6	08.03. 2022	Yoga Workshop in International Women's Day
7	07.04.2022	Invited Talk on International Health Day
8		Add on Course on Yoga in Department of Philosophy
9	31.8.2023	Awareness Program on Menstrual Hygiene Management
10	22.8.2023	One Week Yoga Workshop
11	21.6.2023	9 <sup>th</sup> International Day of Yoga
12	26.05.2023	"Jivan Jukhiba Hahire" (Measure the life with Smile, a happiness program)
13	November 2022 to January 2023	Yoga and Meditation Camp
14	30-01-2023	Happiness Program: Stress Free - Healthy Living

xi. Fostering creative thinking, writing and presentation skills (news letter, poster, quiz, exhibition, signature campaign, essay):

Fostering creative thinking, writing, and presentation skills among students is a vital endeavour in present educational landscape. College initiatives encompass a diverse range of activities, including newsletters, posters, quizzes, exhibitions, signature campaigns, and essay competitions etc. Pictures and list of some events are given below,







































List of some events to foster creativity among students,

Sl No.	Date	Event
1	14.08.2018	Quiz Competition organised by Darrang District Administration and IQAC
2	14.08.2019	Independence Day Quiz Competition 2019
3	15.08.2020	E-Quiz on Competitive Computer Science and Applications Events
4	25.01.2020	Quiz Competition organised by IQAC and Darrang District Administration
5	05.06.2021	World Environment Day Quiz 2021organised by Eco Club, Mangaldai College
6	7/10/2021	Drawing Competition on the occasion of Iconic Week of Ministry of Environment, Forest and Climate
7	28.02.2023	Science Model Exhibition cum Competition on National Science Day
8	26/02/2022 and 27/02/2023	Inter District Senior Archery Competition 2022
9	28.02.2022	1. Chart Making, 2. Extempore Speech and 3. Slogan Writing Competition organised department of Botany, Mangaldai College
10	25/09/2022	World Environmental Health Day 2022, Essay Competition, Organised by Eco Club, Mangaldai College
11	22/04/2023	Digital Poster Making Competition, organised by Eco Club, Mangaldai College, on Earth Day 2023
12	23/11/2023	Poster Exhibition cum Competition on Lachit Divas
13	12/09/2022 to 14/09/202	State Level Workshop on Debate and Speech
14	27/02/2021	On Spot Essay Competition organised by Mangaldai College and Assam Science Society

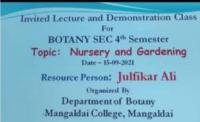
#### xii. Capacity building and Skill development programs:

A student capacity building and skill development program is a structured initiative designed to enhance the skills, knowledge, and competencies of students, enabling them to succeed academically and prepare for their future careers. These programs can encompass a wide range of skills and areas of development. Mangaldai College has taken initiatives to develop student's skill and capacity by organizing various allied programmes from time to time. Few notable programmes and glimpses of activities are provided below.































Vermicompost Unit, Mangaldai College



Mushroom Unit, Mangaldai College



Training on Ornamental Fish Farming, Mangaldai College

### Some notable Programmes on Capacity Building and Skill Enhancement

Sl No.	Date	Programmes
1	28-01-2023	Seminar on "Innovation & Entrepreneur for Sustainable Development" - Y20 India Summit 2023
2	25/02/2023 and 30/03/2023	Student Capacity Building Workshop on "AI for future: Empowering the future workforce with necessary artificial intelligence skills for employability in the Digital Economy"
3	09/06/23 and 10/06/23	Capacity Building Programme on effective communication
4	13/06/2023	Capacity Building Programme on Personality Development
5	12/6/2023	Nursery Training
6	10/03/2022 to 12/03/2022	Workshop on "Computational Biology and Bioinformatics"
7	30/05/2022 to 01/06/2022	Training on "Wildlife photography and ecotourism"
8	13/06/2022	Capacity building programme "A session on financial literacy & awareness"
9	13/10/2022 to 14/10/2022	Capacity building in ICT including training in digital skill sets and current industry demanding technologies for various sections of society in the NE states
10	9/1/2021	Workshop on Vermicompost Preparation
11	17/2/2020	North East Skill Centre & Awareness Programme for skill development 'An Initiative from Assam Skill Development Mission, Govt. of Assam'
12		Potato Cultivation by Institutional Innovation Council
13		Blue Tea farming by Institutional Innovation Council
14		Mushroom Cultivation by Department of Botany
15	05/06/2022	One Day Hands on Training on "Induced breeding procedures and techniques in Indian Major Carps and Ponds management"

#### xiii. Student Interaction with eminent personalities:

The objectives of organising Student Interaction with Eminent Personalities at Mangaldai College aim to broaden students' perspectives by providing firsthand insights from accomplished individuals. This initiative strives to inspire and motivate students, fostering a dynamic learning environment that goes beyond the classroom, encouraging intellectual curiosity and personal growth.





Prof. Nani Gopal Mahanta, Education Adviser to the Govt of Assam, in Mangaldai College



#### List of some eminent personalities attending Mangaldai College are given below,

Date	Programme Name	Resource Person
24.08.2018	Interaction Programme with Honorable Vice-Chancellor of KKHSOU	Dr. Hitesh Deka, Honorable Vice-Chancellor of Krishna Kanta Handiqui State Open University
20.06.2019	Workshop on UG CBCS under GU	Dr. Dharmendra Nath, Principal, S.B.Deorah College, Guwahati Member Committee for Framing UG-CBCS Regulation
09-01-2021	Workshop on Vermicompost	Dr. Manoj Kumar Chauhan, Senior Scientist, KVK , Darrang,
08.01.2022	Late Bidyut Prava Das Memorial Speech and Award Ceremony	Dr. Hiranya Kumar Nath, Professor, Sam Houston State University, USA
10.02.2022	One day seminar on "Geographical Thought: Progress Through Evolution"	Dr. Mala Dutta, Associate Professor, Department of Geography, Cotton University

06.052022	Annual Lecture on the topic "Globalization and Assamese Culture (Biswayan aru Asamiya Sanskriti)"	Mr. Munindra Narayan Goswami. Rtd. Vice principal, Barpeta Howli College, Assam.
27.04.2022	Invited Lecture on Microbial Biodiversity and its' Different Aspects	Dr. Kumananda Tayung, Professor, Dept. of Botany, Gauhati University
11.05.2022	General Meeting of College Week, Mangaldai College, 2021-22	Prof. Pratap Jyoti Handique, Vice Chancellor, Gauhati University
30.05.2022	Training on Wildlife Photography and Ecotourism	Mr. Nejib Ahmed, Awardee, 59 <sup>th</sup> <i>Wildlife photographer of the Year</i> , Natural History Museum, London
06.06.2022	Talk on "Project Proposal Writing for Research Grants from Different Funding Agencies"	Prof. Probodh Borah, HOD, Animal Biotechnology, College of Veterinary Science, Assam Agricultural University
08.06.2022	Talk on "Research Paper and Project Proposal Writing"	Prof. Krishna Gopal Bhattacharya, Director, Academic Staff College, Gauhati University
29.06.2022	Workshop on "Process of Academic & Administrative Audit (AAA)"	Prof. Jogen Ch. Kalita, HOD, Department of Zoology, Gauhati University & Former Director, HRDC, Gauhati University
09.09.2022	Training on COPTA-2003	Dr. Harpal Singh Suri, Joint Director of Health Services, Darrang
09.09.2022	Training on COPTA-2003	Arzoo Dutta, Senior Consultant National Tobacco Control Programme (NTCP), Assam
09.09.2022	Training on COPTA-2003	Dr N K Beriya, District Nodal Officer, DHS-NTCP, Darrang
13.10.2022	"Capacity Building in IECT Including Training in Digital Skillsets and Current Industry Demanding Technologies for Various Sections of Society in the NE States"	Dr. Saurov Mahanta, STO/ Cordinator- NECB-2.0 of NIELIT Guwahati
31.10.22	Invited Lecture on "Women and Patriarchal Society"	Banti Senchowa, Awardee of the Jagannath Thakur Literary Award
4.11.2022	Industry-Academia Meet on "Consumer Awareness on Food Safety and Quality Control"	Jan Van Klaveren, Hans Van Dijk, Rene Terneusen, Food safety and quality control Officer from PUM Netherlands
17-02-2023	Invited lecture on "Role of Museum to strengthen Multidisciplinary Education: A Reflection on New Education Policy"	Mrinmoy Das, District Musuem Officer, District Museum, Mangaldai
27-02-2023	Symposium on "The critically endangered Indian Vulture, its conservation and Management"	Mrunmay Pravin Desai, Conservation Biologist, BNHS

#### 5. EVIDENCES OF SUCCESS:

Students are groomed under the supervision of the college faculties in various dimensions. They have excelled in various aspects of life and skills. Their achievements in different fields itself serves as the testimony of success of holistic teaching learning approach in Mangaldai College.

#### 1. Distinguished Alumni:

**Sashanka Hazarika**, an alumni of Mangaldai College and an enthusiastic High School Teacher has received National Award to Teacher 2017 and Oil Siksha Ratna Award 2019





**Dr Parama Rajbangshi**, an alumnous of Mangaldai College was former President and Secretary, Assam Sahitya Sabha, the most prestigious Socio Cultural organization of North East and MLA, 66 No. Sipajhar LAC at Government of Assam

**Jintimoni Kalita**, a student of Mangaldai College is the first woman cricketer from the state to play in the World Premier League (WPL) who won the first-ever WPL match held at Mumbai's Brabourne Stadium in 2022. She got selected for India A Team.





**Nejib Ahmed**, a wildlife photographer and environmental conservationist, has been awarded with the prestigious Wildlife Photographer of the Year by the Natural History Museum, London in 2023. He is the first person from Assam to receive an invitation from Natural History Museum, London for this event. He is a alumnus of Mangaldai College.

Mr. Kushal Kalita, Founder and Director of Jyan Vikash Academy, Mangaldai is a proud alumnus of Mangaldai College. Apart from his academic venture Mr. Kalita is also serving as the National General Secretary of Lokabhasha Prachara Samiti and General Secretary, Swabhiman, Assam





**Rajib Deka**, the eminent Industrialist of India is Member, Board of Directors, SRD Nutrients Private Limited, Assam with operating revenues range INR 100 cr per annum.

**Dadul Chaliha**, the eminent internationally recognised artist and the only Assamese to receive prestigious Leonardo da Vinci Award is an alumnus of Mangaldai College. He has also been invited to take part in the 'Biennials of the tions' organized in Venice from March 16 to March 19, 2018.





**Dr. Zoiinath Sarma**, an alumnus of Mangaldai College, is a political leader elected to the Assam Assembly thrice and also served as minister in different portfolio in Assam government.

**Dulumoni Kalita**, an alumnus of Mangaldai College, is one of the eminent handcraft artists in the NE India. She has have received National Entrepreneurship Award 2018 from Ministry of Skill Development, Entrepreneurship (MSDE) Govt. of India in water hyacinth craft.





**Bhanu Deka Saharia**, an alumnus of Mangaldai College, is one of the eminent Satriya Dancer of Assam. She has received prestigious Sangeet Bhaskar Award from Assam Sageet Satra and Devdasi National Award and many other awards and honors.

Idris Ali, an alumnus of Mangaldai College, is a renowned Song Composer and former Vice President of Axom Sahitya Sobha. He has composed many famous Assamese songs and was a regular song composer of Akashvani Guwahati.





**Dr. Pranjit Kumar Sarma**, Assistant Professor, Department of Geography, Mangaldai College, a proud alumnus of the college, is a renowned Geographer and Nature Conservationist. He has many notable contributions to the conservation of nature of the NE India, including preparation of GIS Database and Decision Support System of Raimona National Park, Manas National Park, Orang National Park and Tiger Reserve, Preparation of Tiger Conservation Plan of Orang Tiger Reserve. He is a regular Resource Person for the training of Civil Servants at Administrative Staff College.

### 2. Awards and Honours:

Students of Mangaldai College has participated in different events organised by District, State and National level institutions and are able to win different prizes and awards. Some notable events and norms has been cited below,

On the occasion of Independence Day, 2023, cadets participated in the march-past competition, at Kachari maidan, organised by Darrang district administration. 73 Assam Girls (I) Coy, NCC unit of Mangaldai College secured 2nd prize in the competition. A total of 37 cadets took part in the event. CTO Kuntala Sarma Bordoloi led the cadets to take part in the event.



### <u>List of Achievers Mangaldai College</u>

Sl No	Achieved by	Achievement	Event
1	Himashee Baishya, Jintu Mani Nath, Partha Sarathi Bhattacharya, Himraj Hazarika	2 <sup>nd</sup> Position in Skits Play Competition	Inter College Zonal Youth Festival (East Zone), 2022-23 organised by
2	Suman Deka	1st Position in Quiz	Rangapara College, Sonitpur under
3	Jyotismita Pathak	Competition	Gauhati University Sports Board w.e.f. 15 <sup>th</sup> -17 <sup>th</sup> October 2023
4	Asif Alam	2 <sup>nd</sup> Position in On spot Painting Competition	
5	Ashok Kumar Nath	Runners Up	16 <sup>th</sup> National Mini Football Championship 2023 held in Agra (U.P) from 17 <sup>th</sup> May to 19 <sup>th</sup> May 2023 under 19 (Youth)
6	Bhijit Kumar Deka	Best Actor in One Act Play	Gauhati University Inter College Youth Festival 2022 held in 27 <sup>th</sup> -31 <sup>st</sup> October 2022
7	Dreamli Kashyap	2 <sup>nd</sup> prize in Western Song competition	Gauhati University Inter College Youth Festival 2022 held in 27 <sup>th</sup> -31 <sup>st</sup> October 2022
8	Debasish Rajkumar	1 <sup>st</sup> prize in Recitation of self composed poem competition	Inter College Zonal Youth Festival (East Zone), 2021-22 organised by
9	Dreamli Kashyap	1 <sup>st</sup> prize in Western Song competition	T.H.B. College, Jamugurihat under Gauhati University Sports Board w.e.f.
10	Team Mangaldai College	Best One Act Play	21 <sup>st</sup> -23 <sup>rd</sup> September 2022
11	Bijay Deka	Participation	3 <sup>rd</sup> Aainball National Championship held at Kutch from 16 <sup>th</sup> to 20 <sup>th</sup> December, 2021
12	Sangyukta Medhi	3 <sup>rd</sup> position in Quiz Competition	72 <sup>nd</sup> Independence Day Quiz Competition organised by Office of the Deputy Commissioner, Darrang District on 15 <sup>th</sup> August 2019

13	Deepjyoti Kashyap	1 <sup>st</sup> position in Quiz Competition	71 <sup>st</sup> Independence Day Quiz Competition organised by Office of the Deputy Commissioner, Darrang District on 15 <sup>th</sup> August 2020
14	Pranjal Deka	2 <sup>nd</sup> best Debater	P.N. C. memorial Inter College Debate Competition, 12 September 2019
15	Pranjal Deka	2 <sup>nd</sup> best Debater	P.N. C. memorial Inter College Debate Competition, 1 September 2018
16	Mangaldai College Team	Winner in Cricket Competition	NE Graduate Congress-2019, held in USTM, Meghalaya
17	Mangaldai College	1 <sup>st</sup> Prize in College Magazine	Inter College Zonal Youth Festival (East Zone), 2019, organised by L. O. K. D College, Sonitpur under Gauhati University Sports Board 24-04-2019
18	Mangaldai College NCC	2 <sup>nd</sup> prize in march past competition	Awarded by District Authority in Independence Day 2023
		44th National Arm Wrestling Championship, 2022 (55KG Women), Indian Arm Wrestling Federation	
19	Ranjita Baruah	Gold Medal	Gold Medal (1st Position) in Arm Wrestling Championship, 2022 (Open Category)
			Gold Medal (1st Position) in Arm Wrestling Championship, 2022 (Held under the Banner PYROKINESIS
20	Koushik Kumar Deka	NCC Coy Mangaldai College, Under 5 Assam BN NCC. Tezpur Unit	Selected for participation in the prestigious Annual Republic Day Camp 2024, New Delhi
21	Rajib Boro	NCC Coy Mangaldai College, Under 5 Assam BN NCC. Tezpur Unit	Selected for participation in the prestigious Annual Republic Day Camp 2024, New Delhi
22	Dipanakar Ojha	Selected Youth Speaker	137 <sup>th</sup> Birth Anniversary of Dr. Rajecdra Prasad, Parliament, New Delhi

# Assam youth to give speech in Parliament



KALAIGAON, Nov every year to mark the legend.

A CORRESPONDENT birth anniversary of Dr Rajendra Prasad who was the first President 25: Dipankar Uja will of India. So, a total of give a speech in the 24 youth delegates Parliament of India at from 24 states have a function to be held been selected to give on December 3. Ac- speeches in the Parliacording to a report, the ment this year on the Government of India occasion of the 138th organizes the function birth anniversary of the

Guwahati English Edition



#### Kalaigaon youth to address National Youth Festival at Nasik



MANGALDAI, Jan 10: Dipankar Oja, a promising youth leader and an excellent orator of Kalaigaon in Udalguri district has been selected to address the Nation-al Youth Festival 2024 representing As-sum to be held at Nasik from January 12 to January 16. All the selected youths from all the states of India will partici-pate in it.

from all the states of India with partners pate in it.

Digankar Oja has been selected in the Assam State Youth Festival held at Indire Gandhi Athletics Stadium, Gawahari on December 30 last year which was organized by the department of Sports and Youth Welfare, Assam, Various events like speech, folk song and dances, etc. Citcle. At were held for the youths selected at the district level meets. Dipankar Oja of Kadilajgaon secured first position in speech extending the selected at the diagram secured first position in speech extending the selected at the diagram secured first position in speech extending the selected at the diagram secured first position in speech extending the selected at the diagram secured first position in speech extending the selected at the diagram of the selected at the diagram secured first position in speech extending the selected at the diagram of the selected at the selected at the diagram of the selected at the sel

nin. Dipankar Oja earlier also

Nasik,
Dipaskar Oja earlier also represented Assam in the National Speech meet at New Delhi held on December 3 to commemorate the 138° birth anniversary of Dr Rajandra Prasad, the first Protident of the India. Dipankar Oja is the son of Ramchandra Oja and Anman Deka Oja (Head Mistress of Borkola Girls HS, Kalaigaon).
Today he has left for Nasik and this morning various organisations and institutions of Udalguri district including Udalguri District Journalist Union. Tangla Press Club, Kalaigaon Media Circle. Aryabhatta Science Centre. Udalguri district committee and Mangaldai Media Circle have congratulated Dipaknar Oja at a solemn function at Kalaigaon.

#### Kalaigaon youth to represent State in Nat'l Youth Festival

KALAIGAON, Jan 8: Di-pankar Oja of Kalaigaon has been selected to represent Assam in the 27th National Youth Festival to be held at Nashik, Maharashtra.

The selection has been done on the basis of the State-level youth festival that concluded in Guwahati recently, where various events such as declamation, folk song and dances, etc, were held. Dipankar secured the first position in the declamation event at the Statelevel youth festival.

It may be mentioned that Dipankar had previously represented Assam in the nationallevel declamation event held in New Delhi on the occasion of the 138th birth anniversary of Dr Rajendra Prasad, the first President of India.

Dipankar is the son of Ramchandra Oja and Anima Deka Oja. Various organisations and institutions of Udalguri district, including Udalguri District Journalists Union, Tanga Press Club, Kalaigaon Media Circle, Kendukalai Sahitya Samaj, Kalaigaon, and Aryabhatta Sci-ence Centre, Udalguri district committee, have congratulated Dipankar on his achieve ment. - Correspondent



# Dipankar Ojha of Kalaigaon selected for National Youth Festival

Bikash Rabha, Udalguri Correspondent, Jan 8: The 27th Na-



tional Youth Festival will be hosted in Nashik city of Rajasthan from January 12 to 16. Many qualified youths will be represented from each of the state of all over India. On 30th December selection of the youths who will be representing Assam has already been conducted by Directorate of Sports and Youth Welfare of Assam govt, in Indira Gandhi Athletic Stadium, Guwahati. The winner of the State Youth Festival conducted on 30th December will be rep-

resenting Assam which was conducted on the basis of Dis-trict level Youth Festival in 8 sections Contd. to PG 11

#### Dipankar Ojha of Kalaigaon...

like impromptu speech, folk dance, folk song, etc. It is mentionable that Dipankar Ojha of Kalaigaon who was able to secure the first position in impromptu speech in Udalguri District Youth Festival has been selected as the best speaker in the State Youth Festival of Assam. Accordingly, Dipankar Ojha of Kalaigaon will represent Assam in the National Youth Festival which will be starting from 12 January. It is also remarkable that Dipankar Ojha has already represented Assam and delivered speech on the occasion of 138th birth anniversary of Dr. Rajendra Prasad at Parliament House in New Delhi on 3 December of 2022. Udalguri District Sahitya Sabha, Assam Press Correspondents Union, Kalaigaon Media Circle, Udalguri District Journalist Association, Tangla Press Club, Aryabhatta Science Centre Udalguri, Kendokolai Sahitya Samaj and locals of Udalguri district congratulated him on his achievement.









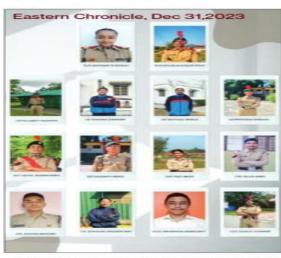
### 14 Cadets of 5 Assam Bn NCC to take part in Republic Day Camp 2024

CHRONICLE NEWS SERVICE

TEZPUR: In a moment of pride for the 5 AS-SAM Battalion National Cadet Corps (NCC), 14 talented cadets have successfully made it to the prestigious Annual Republic Day Camp 2024 being held in New Delhi. These cadets, part of the esteemed NCC North Eastern Directorate, will be representing their region in a contingent of 126 cadets.

It is pertinent to mention that out of 14 cadets, 11 cadets will showcase the rich cultural heritage of the state through various cultural events and the remaining 3 cadets will demonstrate their exemplary drill skills. The cadets, selected after rigorous training and evaluation, have displayed unwavering determination and enthusiasm. They have undergone intensive training under the guidance of skilled NCC instructors and subject specialists, ensuring they are well-prepared to represent their state and region with excellence and their training has encompassed various aspects, including physical fitness, drill routines, and honing their respective cultural talents.

Notably, the cultural team will present a spectacular display of Assamese dance forms, music, and traditional attire. Meanwhile, the drill team will showcase their synchronized movements and immaculate discipline in the Republic Day Camp which is being annually celebrated nationwide aiming to foster unity, discipline, and a sense of national pride among the NCC cadets. The event includes various



competitions, cultural performances, and the prestigious Prime Minister's rally.



#### MANGALDAI COLLEGE NCC @MC\_N... · 5d

Proud for two Cadets of

#MC\_NCC under #5AssamBnNCC, #Tezpur, who were a part of PM Rally & Cultural Events, On the Occasion of #RepublicDay2024

SUO Koushik Kr Deka and CPL Rajib Baro~your success is our pride.

Best wishes for a bright future! 🎉 💐

@nccner @HQ\_DG\_NCC





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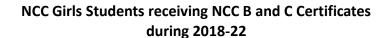
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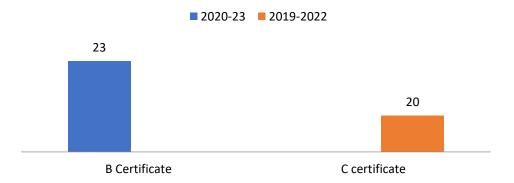
# 3. High number of students achieving NCC B and C Certificates during 2018-2022

A notable student achievement in Mangaldai College is the high number of students attaining NCC B and C Certificates in the period 2018-2022. This reflects the commitment to character development, leadership skills, and discipline, showcasing the institution's dedication to nurturing well-rounded individuals.





## NCC Boys Students receiving NCC B and C Certificates during 2019-23

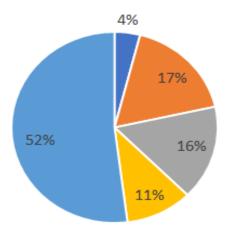


# 4. Students qualifying competitive examinations in last five years

Mangaldai College takes pride in the satisfactory number of students qualifying various National and State Level Competitive Examinations from 2018 to 2022, exhibiting the institution's dedication in preparing students for success in various competitive arenas. This accomplishment highlights the effectiveness of the college's educational approach in equipping students with the skills and knowledge needed for competitive challenges.

# Students Achievement in Competitive Examinations





# Mangaldai College Felicitating the Students clearing various Competitive <u>Examinations</u>







### 5. Placement and Progression:

Mangaldai College celebrates a satisfactory number of students securing placements and enrolling in higher education from 2018 to 2022. This success reflects the institution's commitment to providing a well-rounded education that empowers students for both professional pursuits and advanced academic endeavours.



#### 6. Problems Encountered and Resources Required:

Fostering holistic development among students with innovative and experiential teaching and learning approach has its own advantages as well as several challenges. Here are some problems encountered by the educators and learners of Mangaldai College when practicing a holistic development approach:

- ✓ *Resource Constraints*: Holistic development often requires a diverse range of resources, including materials for experiential learning, field trips, and specialized instructors. Limited resources sometimes hinder the implementation of such approach.
- ✓ *Time Constraints*: Holistic approach requires more time for planning and execution, therefore it is sometimes difficult to accommodate within the constraints of a standard academic schedule.
- ✓ *Resistance to Change*: Often it is difficult to motivate the learners for participative and experiential learning for all round development of the student.
- ✓ *Inequality:* Students of Mangaldai College with varying backgrounds and abilities usually respond differently to holistic approaches. Ensuring that all students have equal access to resources and opportunities is crucial for preventing further educational disparities.

Faculties, non teaching staff and administrators of Mangaldai College are collaboratively addressing these challenges to create a supportive environment for fostering holistic development among the students.